



2025 TRAINING & COACHING PROGRAMMES

"IGNITING SUCCESS.
EMPOWERING PEOPLE"

Prepared By:
Althea Walters - Founder & CEO
BLAZING BEYOND

Welcome!

Let's partner to Grow & Develop your Team & Leaders!



Althea Walters
Founder, Corporate Trainer, Leadership &
Productivity Coach



Blazing
BEYOND

4 HR WORKSHOP

BOOK YOUR GROUP DATE!



PLANNING & ORGANIZING FOR SUCCESS! WORKSHOP

TRAINING OBJECTIVES

- LEARN THE ART OF PLANNING AND ORGANIZING
- LEARN KEY TECHNIQUES IN PRIORITIZING YOUR WORK
- PLAN AND STREAMLINE YOUR ACTIVITIES TO MEET YOUR DEADLINES
- IMPLEMENT ORGANIZATIONAL SYSTEMS AND TOOLS
- BECOME MORE ORGANIZED, FOCUSED AND IN CONTROL OF YOUR DAY TO DAY ACTIVITIES

WHO TO ATTEND



MANAGERS,
SUPERVISORS, TEAM
MEMBERS

GET YOUR QUOTATION!

| 9:00AM - 1:00PM CST

**BOOK
NOW!**

1-876-579-5384 |

1-876-809-1538

E: althea@blazingbeyond.com

@ [@blazingbeyond](https://www.instagram.com/blazingbeyond)

www.blazingbeyond.com



2 HR
SESSION

BOOK YOUR GROUP DATE!



WEAPONIZE YOUR CALENDAR

TRAINING OBJECTIVES

- UNDERSTANDING THE ROLE OF A CALENDAR IN PRODUCTIVITY
- FOUNDATION PRINCIPLES TO SUPPORT CALENDAR MANAGEMENT
- CALENDAR OPTIMIZATION TECHNIQUES
- TOOLS AND STRATEGIES TO WEAPONIZE YOUR CALENDAR

WHO TO ATTEND



MANAGERS,
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TESTIMONIALS - Planning & Organizing

“ Our team needed to bridge a gap in communication process and with just one session we were Blazing Beyond. Members were sharing their thoughts and being opened something that hasn’t happened in a while. Thank you for providing that bridge”. **Andre Reid**

Key Take-aways I learned - *“The importance of setting SMART objectives and being able to execute to achieve results intended strategically from planning through reporting. Pay keen attention to the vessel as it could negatively impact the outcome despite excellent planning and execute.”* **Kelly-ann Brown**

“It was relevant, knowledge based, timely and informative” **Camille McDonald**

This training is very informative and empowering. I have learned two systems I can use to monitor my journey to accomplishing my goals through effective Planning and Organizing.” - **Marie Bernard**



LEADERSHIP WORKSHOP!

BOOK YOUR DATES

LEADING FROM WITHIN

TRAINING MODULES

- EXPLORE CRITICAL INGREDIENTS FOR LEADERSHIP
- SELF AWARENESS AND PERSONAL LEADERSHIP
- UNDERSTANDING YOUR STRENGTHS FOR GREATER LEADERSHIP EFFECTIVENESS
- DEVELOPING YOUR LEADERSHIP BRAND

WHO TO ATTEND



NEWLY HIRED OR PROMOTED MANAGERS & SUPERVISORS, MGMT TRAINEES, HIGH POTENTIALS, MANAGERS WHO NEED A REFRESHER

**BOOK YOUR GROUP
DATES/SESSION**

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Leadership Development Programme MODULES

01

Bringing out the Leader in You

- Explore Critical Ingredients for Leadership
- Self Awareness and Personal Leadership
- Understanding your Strengths for greater Leadership Effectiveness
- Developing Your Leadership Brand

02

The Focused and Effective Leader

- Leading and Managing in a Fast-paced world
- Strategies for Staying Focused
- Exploring Frameworks, Systems and Processes for Effective Management and Leadership

03

The Confident and High Performing Leader

- Techniques for Building Confidence
- Effective Communication for Leaders
- The world of Accountability & its impact on Team Leadership
- Explore Concepts and Frameworks to support High Performance

04

Delegation Strategies for Your Success

- Understand the benefits of effective Delegation
- Learn the Barriers to effective Delegation
- Understand a 4 Pronged Approach to effective Delegation
- Practise how to delegate effectively

05

Performance Management Skills

- Understand the tools and skills required for Performance Management
- Learn principles and guidelines for conducting performance appraisals/performance evaluation
- Understand a Framework in which to manage reportees performance
- Strategies for Leading High-Performing Teams

AVAILABLE AS 1 PROGRAMME PACKAGE OR MINI TRAINING/PRESENTATIONS

TESTIMONIALS - Leadership Workshops

The Leadership Development training was well developed and executed to the class of managers/supervisors. It was very engaging with role plays, scenario examinations, discussions, sharing etc. I would highly recommend this training to other managers/supervisors. I really appreciated the training and have been actively incorporating key areas daily as I execute my work.

Simone Lloyd, GISP Senior GIS Manager –Ministry of Economic Growth and Job Creation

“One thing that stood out for me in this Leadership Training was the Self-assessment exercise where the leaders focused on themselves and assessed themselves as Leaders, which is important in changing the dynamics of the current workplace. I would highly recommend this Training to Companies to improve the leadership skills of their Leaders and Managers.”

- Roshane Reid – Manager, Trade Board Limited

“The training was satisfying and reflective. It delved deep into areas that I struggle with and has equipped me with the 'how' to get started on the path to correction. Thanks, Althea... You were super awesome!!!

- AswandaStoddart – Customer Service Manager, Supreme Ventures Ltd

*“I believed that this Leadership Training was just another activity to delay my planned tasks.... but I was wrong... a good experience worth the time. Very Effective and well needed Training - **Aldien Anderson, IT Manager***



CHANGE



4 HR WORKSHOP

BOOK YOUR GROUP DATE!

CHANGE MANAGEMENT WORKSHOP

TRAINING OBJECTIVES

- UNDERSTAND THE PRINCIPLES OF CHANGE MANAGEMENT
- WHY IS MANAGING CHANGE IMPORTANT?
- THE CHANGE AMBASSADORS AND LEADERS ROLE IN SUCCESSFULLY EXECUTING CHANGE PROJECTS
- UNDERSTANDING THE PSYCHOLOGICAL IMPACT OF CHANGE ON INDIVIDUALS
- IDENTIFYING AND ADDRESSING RESISTANCE TO CHANGE
- THE FOUR C'S OF CHANGE - CRITICAL INGREDIENTS TO SUPPORT CHANGE
- REINFORCING AND SUSTAINING THE CHANGE

WHO TO ATTEND



MANAGERS,
SUPERVISORS,
CHANGE
AMBASSADORS

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TESTIMONIALS - Change Management

“The lessons were easy to follow and templates shared were quite relevant and useful to our current environment. I believe that there were many aspects of the presentation that as managers we can adopt in our sensitization sessions with our teams and which would aid in our whole understanding and application of the Change model in reinforcing and sustaining change.” – Marie Lue – Passport Immigration and Citizenship Agency (PICA)

“The Training was very engaging & thought provoking.” – P. Williams

“I participated in a Change Management Workshop facilitated by Blazing Beyond, the facilitator was engaging, professional and informed; she was poised for questions thrown at her and most importantly I did not find myself watching the clock and yearning for the session to end! A. Waugh

“This was a great session, Althea was quite knowledgeable and able to help us understand and translate the content for others to understand. The trainer enabled the participants to feel relaxed which aided open participation.” - Aleta Bartley

“The different ways on how to communicate change stood out for me in this training as well as the items I need in my toolkit to effect change. This was a well facilitated workshop by Mrs. Walters”. – Paula Walker

“It does not matter how learned you are; until you have knowledge of this topic then you are in for a rude awakening to achieving future success. Change is the only constant in life so knowing how to navigate it will be needed in all aspects of your life. Thanks Althea for your informative and lively presentation.” - Dainty Wilson



TEAM ENGAGEMENT WORKSHOP

Blazing Beyond TEAM ENGAGEMENT WORKSHOPS

BOOK YOUR TEAMS NOW

EMAIL:ALTHEA@BLAZINGBEYOND.COM



"Absolutely loved the training on How to Build a Winning Team from the Blazing Beyond Team. The practical steps and group exercises assigned assisted us in knowing our team members."

Kayon Vaz, RJR Communications Group

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TESTIMONIALS - Team Engagement

*“Absolutely loved the training on How to Build a Winning Team from the Blazing Beyond Team. The practical steps and group exercises assigned assisted us in knowing our team members. – **Kayon Vaz, RJR Communications Group***

*“I have a better understanding of my strengths and those of my team members. This will help me make the steps towards better collaboration and communication, going forward.
- **Michelle Lewis***

*“It was a very engaging and Practical training –
Cynthia Pottinger*

*“Great Training and the Trainer was very effective”-
Michael Green*



NB. CUSTOMIZED TRAININGS ALSO AVAILABLE

STAFF DEVELOPMENT SESSIONS

LUNCH & LEARN SESSIONS!



**1 HOUR GUEST
PRESENTATIONS
WITH YOUR
STAFF/TEAM**

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BLAZING BEYOND



Blazing
BEYOND

90 MINS
SESSION

BOOK YOUR GROUP DATE!

WORK LIFE BALANCE PRESENTATION

TRAINING OBJECTIVES

- UNDERSTAND THE CONCEPT OF LIFE BALANCE
- IDENTIFY PERSONAL PRIORITIES AND VALUES
- RECOGNIZE SIGNS OF IMBALANCE
- LEARN 4 P'S TO ACHIEVE LIFE BALANCE
- LEARN KEY TECHNIQUES AND TOOLS TO SUPPORT LIFE BALANC

WHO TO ATTEND



MANAGERS,
SUPERVISORS, ALL
STAFF

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3 HR WORKSHOP

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GOAL PLANNING WORKSHOP

TRAINING OBJECTIVES

- UNDERSTAND THE IMPORTANCE AND BENEFITS OF PERSONAL GOAL SETTING
- EXPLORE THE FACTORS THAT LIMIT GOAL ACHIEVEMENT
- IDENTIFY AND DOCUMENT YOUR GOALS
- DESIGN A 3 MONTH ACTION-PLAN TO KICK-START GOAL PLANNING
- LEARN KEY TECHNIQUES TO SUPPORT GOAL EXECUTION

WHO TO ATTEND



ALL STAFF

GET YOUR QUOTATION!

BOOK NOW!

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TESTIMONIALS - Goal Planning

I recommend that this course be introduced to newly employed persons in any organization. This course has opened my eyes that it takes mental and physical effort to achieve what I really want, and how to make my goals a priority.

From this experience and training, I have decided to make more short term goals by writing down my steps and use a checklist to achieve them first, which I think will make my long term goals achievable.

*“After taking this course, I was able to understand why my goal of starting my self care product line was not getting off the ground. This course provided me with the tools I need to plan, implement and launch my product line. I am now much more clearer in what needs to be done for my venture to be successful. I would recommend this course to anyone who struggles with setting and achieving their goals”. **Rosemarie Laing***

“Always had set goals in mind but just didn’t know where to start or go or how to achieving that said goal. This session has taught me the fundamentals on how to go by achieving my goals. I must commend the presenter. She was well received “.



COACHING

1:1 PROFESSIONAL DEVELOPMENT COACHING

OUR PROGRAMME

- **4 WEEKS PROGRAMME**
- **60MINS WEEKLY**

"A practical approach to move you from where you are to where you need to be!"

- **Enhance Your Professional Career!**
- **Improve Your Personal Brand as a Leader, Manager or Supervisor**
- **Improve Your Effectiveness & Focus**
- **Maximize Your Productivity and Performance**
- **Show up Boldy and Confidently in Your Work!**



ENROL NOW



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AVAILABLE IN JAMAICA AND THE CARIBBEAN

**FOR LEADERS &
TEAM MEMBERS**

Benefits of our Coaching Programmes

BENEFITS

- 1. Enhance Your Professional Career!**
- 2. Improve Your Personal Brand as a Leader, Manager or Supervisor**
- 3. Improve Your Effectiveness & Focus**
- 4. Maximize Your Productivity and Performance**
- 5. Show up Boldy and Confidently in Your Work!**





YOUR STRATEGIC RETREAT FACILITATOR

**Available for Your Company, Dept or
Leadership Retreats and Strategic Planning**

Well-rounded Retreat Facilitator

Effective Communicator

**Pre and Post Meetings to
ensure a Successful Retreat**

**Your Facilitator: Althea Walters -
Trainer, Facilitator, Business Coach**

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